

Fall 2015

September


Takoma Aquatic Center

(202) -576-9284

300 Van Buren St NW Washington D.C. 20012

Mon.-Fri. 6am-9pm Sat.-Sun. 9am-5pm

MOVE • GROW • BE GREEN with  DEPARTMENT OF PUBLIC WORKS

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
Rest Week—No Classes						
6		8	9	10	11	12 Learn to Swim Parent/Child Level A-B 10am-11:15am Preschool Level 1-3 11:30am-1:30
13	14 Senior Swim Level 1-3 930am-11:45am Adult Swim Level 1-3 5:30pm-7:45pm	15 Senior Shallow 10am-11am Deep Water Drills & Skills 11am-12pm Learn to Swim Children Level 1-3 4:30pm-6:45pm Abs & Glutes 7:30pm-8:30pm	16 Senior Swim Level 1-3 930am-11:45am Senior body Wise 10am-11am Junior Waves 5:30pm-6:15pm Adult Swim Level 1-3 5:30pm-7:45pm	17 Senior Shallow 10am-11am Deep Water Drills & Skills 11am-12pm Learn to Swim Children Level 1-3 4:30pm-6:45pm Abs & Glutes 7:30pm-8:30pm	18 Senior Body Wise 10am-11am	19 Learn to Swim Parent/Child Level A-B 10am-11:15am Preschool Level 1-3 11:30am-1:30
20	21 Senior Swim Level 1-3 930am-11:45am Junior Waves 5:30pm-6:15pm Adult Swim Level 1-3 5:30pm-7:45pm	22 Senior Shallow 10am-11am Deep Water Drills & Skills 11am-12pm Learn to Swim Children Level 1-3 4:30pm-6:45pm Abs & Glutes 7:30pm-8:30pm	23 Senior Swim Level 1-3 930am-11:45am Senior body Wise 10am-11am Junior Waves 5:30pm-6:15pm Adult Swim Level 1-3 5:30pm-7:45pm	24 Senior Shallow 10am-11am Deep Water Drills & Skills 11am-12pm Learn to Swim Children Level 1-3 4:30pm-6:45pm Abs & Glutes 7:30pm-8:30pm	25 Senior Body Wise 10am-11am	26 Learn to Swim Parent/Child Level A-B 10am-11:15am Preschool Level 1-3 11:30am-1:30
27	28 Senior Swim Level 1-3 930am-11:45am Junior Waves 5:30pm-6:15pm Adult Swim Level 1-3 5:30pm-7:45pm	29 Senior Shallow 10am-11am Deep Water Drills & Skills 11am-12pm Learn to Swim Children Level 1-3 4:30pm-6:45pm Abs & Glutes 7:30pm-8:30pm	30 Senior Swim Level 1-3 930am-11:45am Senior body Wise 10am-11am Junior Waves 5:30pm-6:15pm Adult Swim Level 1-3 5:30pm-7:45pm	1	2	3

Fall 2015

October


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Mon.-Fri. 6am-9pm Sat.-Sun. 9am-5pm

MOVE • GROW • BE GREEN with  **DPR**
DC DEPARTMENT OF PARKS AND RECREATION

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Senior Shallow 10am-11am Deep Water Drills & Skills 11am-12pm Learn to Swim Children Level 1-3 4:30pm-6:45pm Abs & Glutes 7:30pm-8:30pm	2 Senior Body Wise 10am-11am	3 Learn to Swim Parent/Child Level A-B 10am-11:15am Preschool Level 1-3 11:30am-1:30
4	5 Senior Swim Level 1-3 930am-11:45am Junior Waves 5:30pm-6:15pm Adult Swim Level 1-3 5:30pm-7:45pm	6 Senior Shallow 10am-11am Deep Water Drills & Skills 11am-12pm Learn to Swim Children Level 1-3 4:30pm-6:45pm Abs & Glutes 7:30pm-8:30pm	7 Senior Swim Level 1-3 930am-11:45am Senior body Wise 10am-11am Junior Waves 5:30pm-6:15pm Adult Swim Level 1-3 5:30pm-7:45pm	8 Senior Shallow 10am-11am Deep Water Drills & Skills 11am-12pm Learn to Swim Children Level 1-3 4:30pm-6:45pm Abs & Glutes 7:30pm-8:30pm	9 Senior Body Wise 10am-11am	10 Learn to Swim Parent/Child Level A-B 10am-11:15am Preschool Level 1-3 11:30am-1:30
11	12  Columbus Day	13	14	15	16	17 Learn to Swim Parent/Child Level A-B 10am-11:15am Preschool Level 1-3
Make Up Week—No Scheduled Classes						
18	19 Senior Swim Level 1-3 930am-11:45am Junior Waves 5:30pm-6:15pm Adult Swim Level 1-3 5:30pm-7:45pm	20 Senior Shallow 10am-11am Deep Water Drills & Skills 11am-12pm Learn to Swim Children Level 1-3 4:30pm-6:45pm Abs & Glutes 7:30pm-8:30pm	21 Senior Swim Level 1-3 930am-11:45am Senior body Wise 10am-11am Junior Waves 5:30pm-6:15pm Adult Swim Level 1-3 5:30pm-7:45pm	22 Senior Shallow 10am-11am Deep Water Drills & Skills 11am-12pm Learn to Swim Children Level 1-3 4:30pm-6:45pm Abs & Glutes 7:30pm-8:30pm	23 Senior Body Wise 10am-11am	24 Learn to Swim Parent/Child Level A-B 10am-11:15am Preschool Level 1-3 11:30am-1:30
25	26 Senior Swim Level 1-3 930am-11:45am Junior Waves 5:30pm-6:15pm Adult Swim Level 1-3 5:30pm-7:45pm	27 Senior Shallow 10am-11am Deep Water Drills & Skills 11am-12pm Learn to Swim Children Level 1-3 4:30pm-6:45pm Abs & Glutes 7:30pm-8:30pm	28 Senior Swim Level 1-3 930am-11:45am Senior body Wise 10am-11am Junior Waves 5:30pm-6:15pm Adult Swim Level 1-3 5:30pm-7:45pm	29 Senior Shallow 10am-11am Deep Water Drills & Skills 11am-12pm Learn to Swim Children Level 1-3 4:30pm-6:45pm Abs & Glutes 7:30pm-8:30pm	30 Senior Body Wise 10am-11am	31

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November

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MOVE • GROW • BE GREEN with  DPR
DC DEPARTMENT OF PARKS AND RECREATION

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Senior Swim Level 1-3 930am-11:45am Junior Waves 5:30pm-6:15pm Adult Swim Level 1-3 5:30pm-7:45pm	3 Senior Shallow 10am-11am Deep Water Drills & Skills 11am-12pm Learn to Swim Children Level 1-3 4:30pm-6:45pm Abs & Glutes 7:30pm-8:30pm	4 Senior Swim Level 1-3 930am-11:45am Senior body Wise 10am-11am Junior Waves 5:30pm-6:15pm Adult Swim Level 1-3 5:30pm-7:45pm	5 Senior Shallow 10am-11am Deep Water Drills & Skills 11am-12pm Learn to Swim Children Level 1-3 4:30pm-6:45pm Abs & Glutes 7:30pm-8:30pm	6 Senior Body Wise 10am-11am	7 Learn to Swim Parent/Child Level A-B 10am-11:15am Preschool Level 1-3 11:30am-1:30
8	9 Senior Swim Level 1-3 930am-11:45am Junior Waves 5:30pm-6:15pm Adult Swim Level 1-3 5:30pm-7:45pm	10 Senior Shallow 10am-11am Deep Water Drills & Skills 11am-12pm Learn to Swim Children Level 1-3 4:30pm-6:45pm Abs & Glutes 7:30pm-8:30pm	11 Senior Swim Level 1-3 930am-11:45am Junior Waves 5:30pm-6:15pm Adult Swim Level 1-3 5:30pm-7:45pm	12 Senior Shallow 10am-11am Deep Water Drills & Skills 11am-12pm Learn to Swim Children Level 1-3 4:30pm-6:45pm Abs & Glutes 7:30pm-8:30pm	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
<div> <div>Make Up Week—No Scheduled Classes</div> <div>  <div>Happy Thanksgiving</div> </div> </div>						
29	30	1	2	3	4	5